Medley swimmers set new record on Lake Windermere

By: Jeff James
Listed Under: News
Published: Tuesday, July 02, 2013

Swimming to raise funds for the Rainbows Children's and Young People's Hospice in Loughborough, Dr Julie Bradshaw MBE (pictured) and her team of intrepid swimmers have completed another record swim - this time swimming a two way medley relay of England’s largest lake, Windermere.

The total distance covered was 21 miles and each swimmer swam for an hour in rotation until completion of the swim.

Julie, nicknamed 'Medish' because of all her extraordinary swimming feats, swam her signature butterfly stroke for every one of her legs.

Completing the record swim on June 29, the water temperature was a 'warm' 13 degrees throughout.

Julie always swims in Aqua Sphere's award winning curved lens goggles and performance swimwear.

This latest record adds to Julie's astonishing string of swimming achievements, her most recent one being her Butterfly Manhattan swim in 2011 (28.5 miles), which she completed in 9 hours and 28 minutes.

In 2002 Julie smashed the world record for swimming the English Channel by over nine hours - her time being a superfast 14 hours 16 minutes.

Julie has raised an admirable amount for charities over the years, including Rainbows Children's Hospice.

The Windermere Medley relay is a warm up for Julie's next butterfly world record attempt on the River Humber in August 2013.

To sponsor Julie visit: http://www.getest4success.co.uk

You can follow Julie on Twitter (twitter.com/gets4success) and Facebook (http://www.facebook.com/julie.bradshawmbe)

Related Stories
York Fitness to exhibit at Leisure Industry Week
Sports Direct to launch monthly magazine
Road racing and triathlon specialist appoints PR expert to launch brand in UK

Did you find this story interesting? Then why not sign up for the Free Weekly Newsletter to stay up to date with all the latest news.

There are currently 0 comment(s) - Have Your Say Today
Only Registered Members can post comments - to register click here.
If you are a registered member and wish to login - click here.