River News

East River Park Reconstruction - The City of New York moved another step closer to ringing the island of Manhattan with parkland last week, with the approval and financing of a new park along the East River that will stretch from Battery Park north to the Current East River Park. Full construction of the park is expected to take 3-5 years. Read more.

Volunteer of the Week

Local lawyer Francine Alfandary is a fixture at local swim races and triathlons. A self-described “middle of the back of the pack” swimmer, her true athletic talent comes in organizing and cajoling. When she decided to participate in the Manhattan Island Marathon Swim, she not only recruited five swimmers for her team, but got so many friends interested that they created three more six-person relay teams for the event. Two of those teams have even returned to participate again each year. MIF was lucky enough to recruit her after that, and over the last three years she has served as volunteer coordinator and head of the MIMS application team, while also coming up with coherent race policies and instructions.

Despite her duties with MIF, Francine still found time to dip in the Hudson each year for swims like MIMS and the Great Hudson River Swim. She won’t be swimming any events this year, though, as she and her husband, Laurent Nahon — who followed his wife to the MIF team as Director of Hospitality, and is the man you have to thank for the refreshments and parties before and after the races — are expecting twins in late July. If they’re anything like their mother, you’ll probably see the twins helping out at our races by the 2009 swim series.

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Aquathlon: Stars & Stripes, June 18, 2005

NYC Aquathlon: Stars & Stripes — New Event!
June 18, 2005 - Swim 1.5 km / Run 5 km
The Stars & Stripes Aquathlon is sold out, but we’re still looking for volunteers to assist with the race. This is a great chance to be a part of our first multisport event — one which is sure to be a major attraction for years to come.

Volunteer Sold Out!

Around Governor’s Island Swim, June 25, 2005

Around Governor’s Island Swim — New Event!
June 25, 2005 - 2.0 miles
MIF is proud to introduce the Around Governor’s Island Swim. This extremely challenging 2-mile swim introduces two features new to MIF events: we’re moving out of the river water of the Hudson to the pure ocean water of New York Harbor; and