

River News

East River Park Reconstruction - The City of New York moved another step closer to ringing the island of Manhattan with parkland last week, with the approval and financing of a new park along the East River that will stretch from Battery Park north to the Current East River Park. Full construction of the park is expected to take 3-5 years. [Read more.](#)

Sandy Hook (04/27/2012 3:30 PM)
 Water 57.74 (°F)
Central Park (04/27/2012 3:51 PM)
 Air 48 (°F)
 Wind NA mph
 Vis. 10.00 miles
 Precip - (in.) (3hrs)
 Desc Fair

[click here for more](#)



Swimmer of the Week

The Manhattan Island Marathon Swim is one of the most challenging open water swims in the world, but apparently it's not challenging enough for Julie Bradshaw. So she's upping the ante by trying to become the first swimmer to complete the entire race using the butterfly stroke. Julie has already completed several open water swims using just butterfly, including the English Channel in 1992, where she set the record for the fastest butterfly crossing in 14:18 - over 9 hours faster than the previous record.

Julie's not the first person to attempt MIMS using just fly; Charlie "The Tuna" Chapman tried it in 1988, but had to resort to other strokes in order to finish the race.

Volunteer of the Week

Local lawyer Francine Alfandary is a fixture at local swim races and triathlons. A self-described "middle of the back of the pack" swimmer, her true athletic talent comes in organizing and cajoling. When she decided to participate in the Manhattan Island Marathon Swim, she not only recruited five swimmers for her team, but got so many friends

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Despite her duties with MIF, Francine still found time to dip in the Hudson each year for swims like MIMS and the Great Hudson River Swim. She won't be swimming any events this year, though, as she and her husband, Laurent Nahon — who followed his wife to the MIF team as Director of Hospitality, and is the man you have to thank for the refreshments and parties before and after the races — are expecting twins in late July. If they're anything like their mother, you'll probably see the twins helping out at our races by the 2009 swim series.

Aquathlon: Stars & Stripes, June 18, 2005



NYC Aquathlon: Stars & Stripes — **New Event!**
 June 18, 2005 – Swim 1.5 km / Run 5 km

The Stars & Stripes Aquathlon is sold out, but we're still looking for volunteers to assist with the race. This is a great chance to be a part of our first multisport event — one which is sure to be a major attraction for years to come.

Apply Sold Out!

[Volunteer](#)

Around Governor's Island Swim, June 25, 2005



Around Governor's Island Swim — **New Event!**
 June 25, 2005 - 2.0 miles

MIF is proud to introduce the Around Governor's Island Swim. This extremely challenging 2-mile swim introduces two features new to MIF events: we're moving out of the river water of the Hudson to the pure ocean water of New York Harbor; and